HEART Love & SOUL

Serving The Community Since 1983

OUR SERVICES & PROGRAMS

Food & Hospitality

- Daily lunch
- Food pantry
- Community garden
- Necessary shop

Daybreak

- Showers & laundry
- Homeless street outreach
- Housing assessment & referral
- Case management
- Health care coordination

Growth and Promise at Heart, Love & Soul

A year ago today, in my new role as Heart & Soul's executive director, I inherited in a special way the privilege of continuing a rich legacy of service to people in need in Niagara Falls. That responsibility is one I could not carry alone. We have grown significantly over the last year with a skilled and committed staff, and new programming that moves Heart & Soul more prominently into the landscape of community organizations responding to great needs and great opportunities in Niagara Falls. Our food programs continue to be a lifeline for economically distressed households, providing groceries to hundreds of families. We served thousands of daily meals to people who may be leaning on Heart & Soul for their only full meal of the day.

We reopened the dining room for sit-down dining in June, after nearly 15 months of a take-out only service due to Covid-19. Heart & Soul played a key role in expanding access to Covid-19 testing and vaccines for vulnerable elderly and disabled residents at the Niagara Falls Housing Authority. The Daybreak Program, housed in the beautiful new Sr. Beth Brosmer Center, has ramped up services since it opened in January, with monthly increases of people accessing showers, laundry, case management, health, and housing services. While there has been considerable growth at Heart & Soul, we honor the traditions of our past, starting each day with a prayer that marks our faith in God's ongoing work within our walls. That work, and the furthering of our important mission into the future, is possible because of you. Thank you!

-Mark Baetzhold
Executive Director

ANOTHER SUCCESSFUL ANNUAL DINNER!

The 16th Heart, Love & Soul Annual Recognition Dinner was a tremendous success! We are so excited to announce that we raised over $120,000! Our dedicated supporters joined us for a beautiful dinner at Niagara University, and participated in the live auction, silent auction, and prize giveaway throughout the evening. Our gratitude to our outstanding Dinner Committee, prize donors, volunteers, and all those who attended in-person and virtually. Their dedication to Heart, Love & Soul made the dinner our biggest one yet!
If you were unable to attend, head to our Facebook page to watch the recording.

SERVING MEREDITH

Meredith was homeless, taking refuge in an abandoned building in Niagara Falls. She was also battling an extremely aggressive form of cancer during this time, but was missing many of her oncology appointments due to lack of transportation. Her living and health status were brought to Heart, Love & Soul's attention, and we immediately jumped into action. In addition to helping Meredith obtain safe, permanent housing, we also made sure she was attending her medical appointments so she never missed another oncological appointment again.
We are thrilled to report that Meredith's cancer has been successfully treated and she is in remission! We continue to work with her to ensure her improved quality of life, and Meredith is consistently relaying to us how happy she to be cancer free and to have her own place!

COMMUNITY VEGETABLE GARDEN

Our Community Vegetable Garden is growing, in all ways! We have been working with Grassroots Gardens to increase the size and scope of the Garden, which lines the exterior of our kitchen. The produce was plentiful this summer with tomatoes, pepper, eggplants, kale, and more growing in bountiful amounts! Our herb section, which contains sage, basil, and more, has also been getting plenty of use by guests and staff, who have been incorporating the herbs into dishes.
We are sending our thanks to Rick Martinez and Chris George who have helped us tend to and develop the garden over the years.

OUR 2021 YEAR TO DATE IMPACT

LAUNDRY LOADS **426**	FOOD PANTRY MEALS **25,728**	CASE MANAGEMENT **1,792**
DINING ROOM MEALS **20,174**	SHOWERS **572**	CARE COORDINATION **1,014**